

# UNIT 10

## HEALTH AND STRENGTH



I have gained back my health and strength. Now I am ready to go home.

true + -TH = truth  
adjective            suffix            noun

bear + -TH = birth  
verb            suffix            noun

Refer to the spelling rules in Appendix B and Appendix C-XVII.

### A. Fill in each blank with a noun related to the first adjective used in the sentence.

**Example:** True friendship may exist between two people who tell each other the truth.

1. Strong men are proud of their \_\_\_\_\_.
2. Deep seas are dangerous because of their \_\_\_\_\_.

3. Long rivers such as the Mississippi and the Nile are famous for their \_\_\_\_\_.
4. The Amazon River is so wide that it is impressive for its \_\_\_\_\_.
5. The doctors, examining the dead body, were able to tell the cause of \_\_\_\_\_.

**B. Give a noun ending in -TH which is related to each of the following words.**

1. bear \_\_\_\_\_
2. grow \_\_\_\_\_
3. warm \_\_\_\_\_
4. heal \_\_\_\_\_
5. young \_\_\_\_\_

**C. Fill in each blank with one of the words in the box.**

strength	death	depth
width	growth	health
youth	warmth	length

Bill is a boy of seventeen and he enjoys his \_\_\_\_\_. He is in good \_\_\_\_\_. He does not get sick very often. He likes to swim. He even dives in the \_\_\_\_\_ of the sea.

After his father's \_\_\_\_\_, he needed her mother's \_\_\_\_\_ more because there was no body else to receive love from. Last year, however, he started taking care of their garden, which is seven meters in \_\_\_\_\_ and four meters in \_\_\_\_\_. As a result of gardening, he gained \_\_\_\_\_ mentally and physically. He enjoys watching new \_\_\_\_\_ coming out of the dry plants or trees each year.

**D. Match the words or phrases in LIST A with the phrases or words in LIST B. Use an article if necessary. Then use each pair in a sentence. There can be more than one possibility.**

**LIST A**

1. depth
2. width
3. death
4. strength
5. warmth
6. growth
7. health
8. youth

**LIST B**

- \_\_ notice
- \_\_ of the economy
- \_\_ of the table
- \_\_ of the lake
- \_\_ of her manners
- \_\_ of a plant
- \_\_ club
- \_\_ insurance

**LIST A**

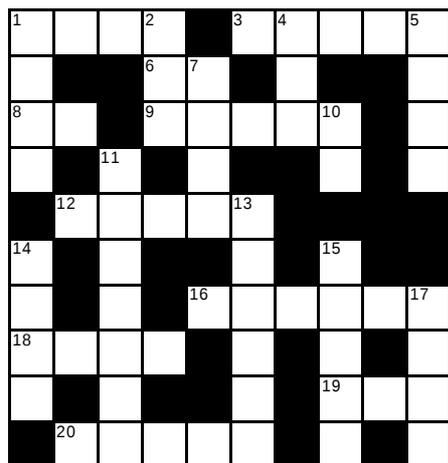
1. physical
2. population
3. bad
4. in good
5. in one's
6. out of one's

**LIST B**

- \_\_ youth
- \_\_ health
- \_\_ breadth
- \_\_ growth
- \_\_ depth
- \_\_ strength

**E. Write a paragraph describing something you know very well. Use at least six words ending with the suffix -TH.**

**F. Puzzles to solve**  
**Puzzle 1**



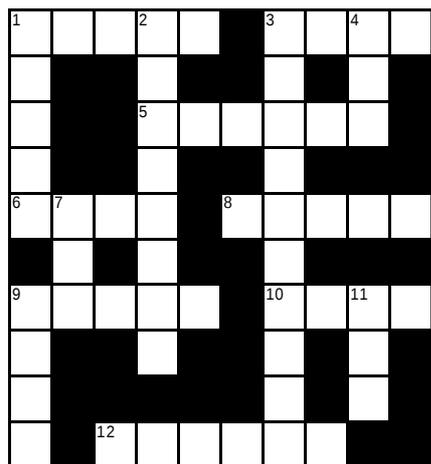
**Across**

- 1 noun form of "windy" (4)
- 3 one who bakes (5)
- 6 I'll tell you \_\_\_ much as I know. (2)
- 8 a prefix to indicate repetition (2)
- 9 the noun form of "young" (5)
- 12 the noun form of "wide" (5)
- 16 They sell cookies at a \_\_\_\_\_. (6)
- 18 noun form of "rainy" (4)
- 19 Do you drink \_\_\_ for breakfast? (3)
- 20 noun form of "dead" (5)

**Down**

- 1 the verb form of "worker" (4)
- 2 the noun form of "daily" (3)
- 4 the verb form of "action" (3)
- 5 the verb form of "ruler" (4)
- 7 the adjective form of "soften" (4)
- 10 \_\_\_ is in his office now. (2)
- 11 opposite of "like" (7)
- 13 the noun form of "heal" (6)
- 14 the noun form of "careful" (4)
- 15 the noun form of "deep" (5)
- 17 the noun form of "yearly" (4)

**Puzzle 2**



**Across**

- 1 verb form of "boastful" (5)
- 3 adjective form of "safety" (4)
- 5 adverb form of "rare" (6)
- 6 noun form of "rainy" (4)
- 8 \_\_\_ not length of the table (5)
- 9 verb form of "statement" (5)
- 10 opposite of "unload" (4)
- 12 noun form of "warm" (6)

**Down**

- 1 one who bakes (5)
- 2 the noun form of "strong" (8)
- 3 one who is specialized (10)
- 4 verb form of "flight" (3)
- 7 an artist is interested in \_\_\_\_ (3)
- 9 I prefer a \_\_\_ pillow. (4)
- 11 the verb form of "actor" (3)